INTENZIVNOST DOŽIVLJANJA:
INTENSITY OF EXPERIENCING:

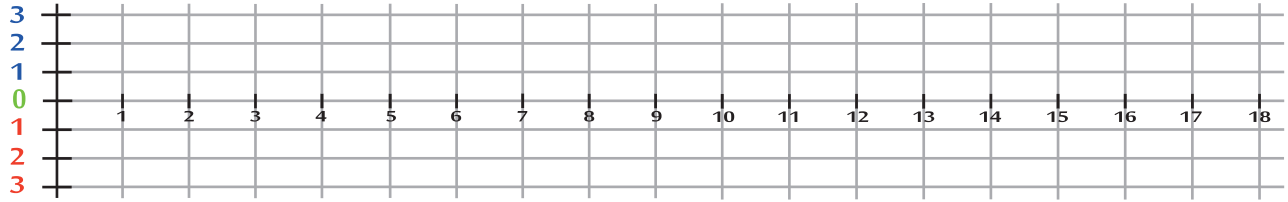
0 - NEVTRALNO/NEUTRAL
1 - RAHLO/SLIGHT
2 - MOČNO/INTENSE
3 - EKSTREMNO/EXTREME

Datum/Date: _____ Igrišče/Course: _____

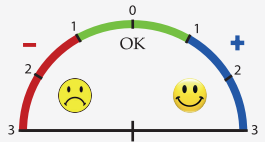
Cilji/Goals: _____

PRIJETNI OBČUTKI
PLEASANT FEELINGS +

NEPRIJETNI OBČUTKI
UNPLEASANT FEELINGS –



POVPREČJE
AVERAGE =



HOLE	1	2	3	4	5	6	7	8	9	TOTAL
PAR										
SCORE										
☺ +										
☹ –										
WOW!										
PUTTS										

HOLE	10	11	12	13	14	15	16	17	18	TOTAL
PAR										
SCORE										
☺ +										
☹ –										
WOW!										
PUTTS										